

**Session 2  
Happiness Is...  
Joy Unspeakable  
Relationship Conference  
Living Waters Church  
Prescott Valley, AZ**



Proverbs 17:22, A merry heart doeth good like a medicine but a broken spirit drieth the bones.

Proverbs 15:13, A merry heart maketh a cheerful countenance: but by sorrow of the heart, the spirit is broken.

Proverbs 15:15, All the days of the afflicted are evil, but he that is of a merry heart hath a continual feast.

**What Is True Happiness?**

- 1. Someone to Love**
- 2. Something to Do**
- 3. Something to Hope for**

**1. Someone to Love**

God wants us to have someone to love.

Genesis 2:18, And the Lord God said, It is not good for man to be alone; I will make an helpmeet for him.

**Young people:**

God is interested in your love life. He instructed in 2 Corinthians 6:14-18, Be ye not unequally yoked together with unbelievers, for what fellowship has righteousness with unrighteousness? And what communion hath light with darkness? And what concord hath Christ with Belial? Or what part hath he that believeth with an infidel? And what agreement has the temple of God with idols? For ye are the temple of the living God; As God hath said, I will dwell in them, and walk in them; and I will be their God and they shall be my people. Wherefore, come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you. And will be a Father unto you, and ye shall be my sons and daughters, saith the Lord Almighty.

**Married people:**

God made man and He knew what he needed. So, He told the wife what to do. Ephesians 5:33b...And the wife see that she reverence her husband.

God made woman and He knew what she needed. So, He told the husband what to do. Ephesians 5:25, Husbands love your wives, even as Christ also loved the Church and gave Himself for it. Ephesians 5:28, So ought men to love their wives as their own bodies. He that loveth his wife loveth himself.

**Read also:**

1 Peter 3

Ephesians 5

Corinthians 13

**2. Something to Do:**

Matthew 25:14 – 30, Read the parable of the talents:

I wish I were a fish in a way  
Cause all they do is swim and play  
No tests to take, no bills to pay  
But I had a trout for dinner today

**3. Something to Hope for:**

**HOPE FOR TODAY AND EVERYDAY**

Romans 8:28, And we know that all things work together for good to them that love God, to them who are the called according to His purpose.

Psalms 144:15, Happy is that people, that in such a case: Yea, happy is that people whose God is the Lord.

Hope for the future! Revelation 21:4, And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.

Happiness is: Knowing Jesus and Loving Him